



## Pledge Form

Dear Supporter,

Thank you for your participation in our first ever Strike-A-Thon Event! Project Fit Kid's is dedicated to the prevention of adult obesity through education and practical implementation of healthy habits at an impressionable age. Your support will help fund our Fitness Starts Now Program and allow us to grant scholarships for young adults that need to reach their fitness goals. Our program has made a tremendous impact to our members and has helped them achieve life-changing goals that will carry on with them throughout life and future generations.

**Strike-A-Thon Event:**

**Where:** RDFT Headquarters, 8538 SW Apple Way, Portland, OR 97225

**Date:** Saturday, June 22nd

**Time:** 11 AM - 2 PM

**How It Works:**

1. You have the option of participating in: (1) the Strike-A-Thon yourself (encouraged), (2) sponsoring a member of the Strike Team, or (3) donating a flat amount. If you decide to select one of the first 2 options, provide the dollar amount per strike you would like to pledge, i.e. \$1 per strike.
2. List whether you would like to do the striking yourself or select a member of our Strike Team.
3. Pick an approximate time you would like to strike. If you select a member of the Strike Team, we will let you know their availability.
4. Before the event, return the form back to [jared@poweredbyrdft.com](mailto:jared@poweredbyrdft.com) or simply walk this form into our RDFT facility. On the day of the Strike-A-Thon, we will record the number of strikes that occurred, notify you about the total donation amount and collect your contribution.

**Few more things to know...** You can list as many pledgers as you like to sponsor you, or a member of our Strike Team. The maximum number of strikes permitted in the (2) minute test of endurance and skill is 200. Participants have the option of striking a punching bag or ground & pound bag. Please make checks payable to Project Fit Kid or to donate a flat amount, visit <https://clients.mindbodyonline.com/ASP/home.asp?studioid=16707> (Go to 'Online Store' --> Donations & Account Payments). **\*Notes:** To place your pledge online, a \$10 minimum is required, but on the day of the event, we will apply the difference to your contribution. Make sure you select your striker in the notes section. Thank you for your kind generosity and much appreciated support to help fight against childhood obesity.

Pledger (first, last)	Phone	Email	Donation Options			Striker (Yourself or Strike Team)	Time Slot (11AM-2PM)
			Amount per Strike	Amount Due	Flat Amount		

<b>Striker's Name:</b>	<b>Strike Counter:</b>
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CC Number  Exp  CVC